

LSC RACING / TRAINING RISK ASSESSMENT

to be carried out prior to any training taking place

Consider those of the following that are applicable

RISK TO BE ASSESSED	COMMENTS	OK to sail?
1. The Wind Strength & Direction (current & forecast).		
2. The Sea State (current & forecast).		
3. The Visibility (current & forecast).		
4. The Tide Times.		
5. The scheduled start & projected finish times. (tidal considerations etc).		
6. The Numbers of boats.		
7. The Numbers and Manning Levels of any Safety boats.		
8. The level of shore support (including communication links & ability to summon assistance if required).		
9. The Club's and Other Clubs' Courses & intentions.		

I conclude that the risks involved in Racing / Training today are low and that the planned activity can proceed.

Signed

Date

Print Name

If risk is perceived at medium or higher, continue overleaf....

If medium or higher (delete as applicable), consider the sailors' capabilities to engage in the activity. Consider the severity and consequences of any injury that could be sustained through involvement of the activity, and then evaluate the relevance and outcomes, and balance against the hazards and inherent dangers of the activity

Also when risks are **medium** or **higher**, and sailing is to continue the following precautions – where appropriate – have been taken (delete as appropriate) to reduce the risk of injury to those participating:

RISK TO BE ASSESSED	COMMENTS	OK to sail?
1. Liaison and agreement, between Safety coordinator and Race Committee / Senior Coach at event		
2. All boats, parents, guardians or adults acting in loco parentis warned of the risk level assessed.		
3. Less experienced sailors not allowed to participate.		
4. Courses set inshore.		
5. Additional safety cover organised (please list):		
6. Start time postponed.		
7. Consultation with HM Coastguard, Harbour, Port Authority.		
8. The advice and wishes of the Race Officer for the event.		
9. The advice of the most senior person at the club hosting the event.		
10. Briefing of participants, parents and guardians.		
11. Briefing of safety personnel		

I conclude that with the above precautions sailing is acceptable.

Signed

Date

Print Name

If unacceptable risks remain – I confirm racing / training was cancelled.

Signed

Date

Print Name