



## HEALTH & SAFETY POLICY

- Health & Safety awareness and the responsibility to look after oneself and those with whom we pursue our activities is the responsibility of each individual.
- Every individual should ensure that all areas of the club, particularly the areas most frequented by visitors and members, are kept in a safe condition.
- Any matters which have Health & Safety implications should be noted in the Sailing Log (located in the Race Box) and reported to the Committee.
- First Aid provisions are kept in the First Aid cupboard (located: in the Disabled Toilet).
- A list of First Aiders is displayed alongside/on the First Aid cupboard.
- Members should report to the race officer any disabilities they have or if they are receiving medication, especially when out sailing.
- There must always be two safety boats available with personnel ready to crew them during periods of organised sailing by the club.
- Risk assessments should be carried out of the clubs activities and facilities at the beginning of each sailing season and reviewed annually and when activities or facilities change.  
The purpose of risk assessments are to identify hazards and evaluate risks arising from them, in order to establish the necessary preventative measures.
- Risk Assessment evaluation should be placed on the agenda of the Sailing Committee meeting, once the sailing programme has been drafted for the forthcoming season.
- Fire exits, extinguishers and signs should be visible and kept clear of obstructions at all times.
- Fire extinguishers, electrical sockets, smoke/heat detectors and combi-boiler are professionally inspected yearly.